

Rules for Hockey5s One-Day Tournaments

Unless stipulated in the rules below, the rules of Hockey5s One-Day tournament will follow [FIH Tournament Regulations - Hockey5s January 2015](#).

1. Format of play:

a. The tournament will be played in the format as designated by the Tournament Secretary of the HKHA Women's Committee in office.

b. Round Robin:

i. If the format is in round robin format or include a round robin stage, points will be award as follows:

WINNER	- 3 POINTS
SCORE DRAW	- 2 POINTS
NO SCORE DRAW	- 1 POINT
LOSS	- 0 POINTS

ii. If there is a tie at the end of the round robin stage, ranking will be decided on (a) the number of matches won; if at this stage there is still a draw then (b) ranking according to respective goal difference (i.e. goals for less goals against). If there is still a tie at this stage, then (c) ranking according to their respective number of goals for. If there is still a tie, (d) results between/among these teams will be used to rank them. If there is still a tie, (e) a Challenge Shoot-out Competition will be taken to decide the ranking.

c. Pool format:

i. If the tournament is played in two pools, the first stage will be single round robin stage (points and ranking will be determined as stipulated in 1.b.) where the top two teams of each pool after the round robin stage will enter into the semi-finals as follows:

(A) Winner of Pool A Vs. Runner up of Pool B

(B) Winner of Pool B Vs. Runner up of Pool A

ii. If there is a draw in the semi-final, a penalty shoot-out competition will be taken to decide the winner. No extra time will be played

iii. The final will be:

Winner of semi-final A Vs. Winner of semi-final B

2. Challenge Shoot-out Competition

a. Challenge Shoot-out Competition will be taken in accordance with the Challenge Shoot-out Competition Regulations outlined by the FIH.

- b. If Challenge Shoot-out Competition is to be taken to decide the rankings of teams within a pool or to decide the winner of a match, the following will apply:

Each team will nominate three players to take and one goalkeeper to defend the Challenge Shoot-out Competition and inform the umpires the order of players for the shoot-out. A player who is still serving a disciplinary suspension by the Tournament Facilitator at the time the Challenge Shoot-out Competition takes place or has been excluded permanently (red card) during the match which leads to the shoot-out competition, cannot take part in that shoot-out competition. A player who has been temporarily suspended (yellow card) may take part in the shoot-out competition even if the period of their suspension has not been completed at the end of the match.
 - c. If an equal number of goals are scored after each team has taken three shoot-outs:
 - a. a second series of three shoot-outs is taken with the same players, subject to the conditions specified in this Appendix;
 - b. the sequence in which the attackers take the shoot-outs need not be the same as in the first series;
 - c. the team whose player took the first shoot-out in a series defends the first shoot-out of the next series;
 - d. when one team has scored or been awarded one more goal than the opposing team after each team has taken the same number of shoot-outs, not necessarily being all three shoot-outs, that team is the winner.
 - d. If an equal number of goals are scored after a second series of three shoot-outs, additional series of shoot-outs are taken with the same players subject to the conditions specified in these rules. The sequence in which the attackers take the shoot-outs need not be the same in any subsequent series. All eligible players from each team must take a shoot-out before any one of them can take another, any shoot-out due to be taken by a suspended player is forfeited. The team which starts each shoot-out series alternates for each series.
3. For Hcokey5s tournaments, teams will consist of not more than 10 players, but not more than 5 players of each team shall be on the field at the same time. Substitutions can be made at any time during the game and must be in accordance with the current edition of Rules of Hockey, issue by FIH. For Premier and Division 1 teams, a goalkeeper wearing full protective equipment, must be on pitch throughout the match. **For other divisions, a goalkeeper is not mandatory but highly recommended.**
 4. Players can only play for the teams they are registered for the season. In cases where players have moved up or down during the season, they will be

considered as registered for either the higher or lower ranking teams they have moved to.

5. Duration of play:
 - a. Pool matches, matches in round robin format and semi-finals will be 12 minutes one way or as scheduled by the Tournament Secretary.
 - b. If the tournament is played in pool format, the Final will be 10 minutes each way, with 2 minutes allowed for change of ends or as scheduled by the Tournament Secretary.
6. All teams must be at the pitch at the designated time (15 minutes before the first game) to complete registration cards and be ready for the start of the first game. Captains must hand in completed registration cards to the Tournament Facilitator(s) before the commencement of the first match in their pool.
7. The tournament shall start on time and no grace period will be give unless it is deemed necessary by the Tournament Facilitator(s).
8. Any team not showing up (with a minimum of 4 players for Hockey5s tournament) for their matches on time will forfeit their participation in the tournament and the results of their games will not be counted.
9. The 1st named team will defend the North end of the pitch and will have the push back, or in the final of a pool format, the first push back. The 1st named team will provide the match ball.
10. Each team must provide umpire(s) according to the schedule issued by the Tournament Secretary of the HKHA Women's Section.
11. In the event of a kit clash, the second named team must change to their full second strip or must change to their second strip shirts or socks, as necessary to avoid any clash of colours.
12. The Tournament Secretary or the Tournament Person-in-Charge (PIC) shall have the authority to arbitrate any disputes.